

Trusted Medical Care. Close to Home.



Gunnison Valley
HOSPITAL

Gunnison Valley Hospital is a Critical Access Hospital (CAH) located in Gunnison, Utah.

Our long history of offering quality care to residents of Central Utah dates back to 1932, when hospital founder Dr. Stanford Rees started his medical practice in the old Gunnison Valley Bank building. His tireless dedication to his patients is legendary and continues to be the inspiration for our thriving medical community that now provides state-of-the-art facilities and increasingly excellent care to area residents.

Providing quality care is the very core of our mission and the reason we continue to invest in top-of-the-line equipment and services. With three state-of-the-art surgery rooms, a full-service laboratory and three private labor-and-delivery suites, the hospital is able to provide most major healthcare services right here in Gunnison. We also bring in a variety of visiting specialists and offer telemedicine services to enhance the range of services available. And we administer seven off-site clinics to bring healthcare services even closer to home.

LETTER FROM THE BOARD OF TRUSTEES AND CEO

“We want to thank you
for supporting us, your
community hospital.”

It is our pleasure to present the annual community report for Gunnison Valley Hospital for the fiscal year July 1, 2018, to June 30, 2019.

Since 1932, our mission has been and will remain the same—to provide high-quality, community-based healthcare. It has been our pleasure to serve Central Utah residents for 87 years.

Gunnison Valley Hospital's dedication to its mission has driven continued growth, and we're proud of our progress. We've recruited and retained an outstanding group of providers and hospital staff, and increased access to specialized services through our use of telemedicine and visiting specialists. Additionally, our membership in a network of nine independent hospitals in the state has allowed us to continue to provide benefits such as expanded training and collaboration opportunities. Most notably, we enjoyed our first full year in the new addition. Utilizing the two new state-of-the-art operating rooms has enabled us to increase our capacity for orthopedic and other surgeries.

We continue to be recognized nationally for our excellent work. Gunnison Valley Hospital has consistently maintained a five-star rating from Medicare for overall patient care. Also, for the fourth year in a row, the hospital earned a Women's Choice Award—this year for being "one of America's 100 Best Hospitals for Patient Experience."

We'd like to thank the many physicians, nurses, therapists, technologists, administrative and support professionals, and others who work tirelessly to provide the best in personalized care to this community.

We are committed to keeping Gunnison Valley Hospital strong and to continue offering quality healthcare in the community for many years to come. We want to thank you for supporting us, your community hospital.

Sincerely,



Steve Anderson
Board Chairman



Mark F. Dalley
Chief Executive Officer



STEVE ANDERSON
BOARD CHAIRMAN



MARK F. DALLEY
CHIEF EXECUTIVE OFFICER

LEADERSHIP

At Gunnison Valley Hospital, we know that our most important assets are our employees and the community members who volunteer to support us in achieving our mission.

Governing Board of Directors

Our Governing Board of Directors is a talented, dedicated group of individuals who volunteer their time, energy and experience to guide our efforts toward delivering high-quality health-care services to Central Utah.



Steve Anderson
Board Chairman



Adam Jensen, DO
Medical Staff Chair



Jeannette Anderson



Lamar B. Bartholomew



Casey Dyreng



Kim Pickett



Merri Lynn Sorenson

Administrative Staff

Our administrative staff oversees the key responsibilities that keep Gunnison Valley Hospital functioning efficiently. Without them we could not offer our community the level of healthcare they've come to expect.



Mark F. Dalley, Chief
Administrative Officer



Brian Murray, Chief
Financial Officer



Brenda Bartholomew
Chief Nursing Officer



Liz Brown, Director of
Human Development



Kirk Jensen
Maintenance Director



Arien Nay
Administrative Assistant

Welcome Kirk Jensen

We are pleased to welcome Kirk Jensen as our new Manager of Maintenance. In a hospital, maintenance is a very important role. Kirk will be responsible for coordinating maintenance of the hospital buildings (inside and out) as well as the hospital grounds. Inside the hospital, it is of utmost importance that equipment, mechanical systems and other infrastructure are functioning appropriately in order for the doctors and nurses to focus on what they do best—patient care. Kirk replaces Mike Wintch in this role. Mike was with the hospital for more than 30 years and we are grateful to him for his service.

Medical Staff

Gunnison Valley Hospital physicians and nurses are second to none. For more than 87 years, we've provided our community with outstanding, personalized care thanks to the many physicians, nurses, therapists, lab technicians and others who work together with their patients' needs first in mind. When it comes down to it, Gunnison Valley Hospital is about people caring for people.



Richard Anderson, MD
General Surgeon



Wade Anderson, PA-C
Family Medicine



Bevan Bastian, MD
Radiologist



Brady Blackham, DO
Family Medicine w/ OB



Sadie Dahlsrud, CNM
Nurse Midwifery



Christopher S. Evensen, MD
Orthopedic Surgery



Eric Hammer, PA-C
Family Medicine



Adam Jensen, DO
Family Medicine w/ OB



Cary J. Judy, DO
Family Medicine w/ OB



Liz Larsen, FNP-BC
Emergency Medicine



Drake Mason, FNP-C
Family Medicine



Richard B. Nay, MD
Emergency Medicine



Jason Okerlund, FNP-BC
Family Medicine



Dixie Rasmussen, CNM
Nurse Midwifery



Ben Robinson, MD
Orthopedic Surgery



Connie Vail, MD
Radiologist



Amy Vanderherp, PA-C
Family Medicine



Jason Waite, DPM
Podiatry



Scott J. Walker, DO
Emergency Medicine



David Watkins, FNP-BC
Family Medicine



GJ Wilden, MD
Emergency Medicine

Visiting Specialists and Clinics

We currently partner with a number of outstanding medical specialists to enhance the medical services we offer to meet patient needs. Our visiting specialists and clinics provide consultation, treatment, and surgical procedures at the hospital or at nearby clinics, reducing the need for patients to travel long distances for specialized care.

Marvin R. Allen, MD
Cardiology

Scott E. Bingham, MD
Cardiology

Kelly B. Ence, MD
Ear, Nose & Throat

Michael P. Eyre, DO
Dermatology

Randal B. Gibb, MD
Ear, Nose & Throat

David Johnson, ECS
Electrodiagnosis

Tyler Jolley, DPM
Podiatry

Christopher Kelly, MD
Plastic Surgery

Kevin Kirk, MD
Ophthalmology

Matthew R. Parsons, MD
Ophthalmology

David T. Savage, DPM
Podiatry

Therapy West
Physical Therapy

CARING

Additional Valuable Healthcare Services

Gunnison Valley Hospital provides gastric sleeve surgery as a service to patients who would benefit from major weight loss and who can commit to living a new, healthier lifestyle. The surgery reduces the size of the patient's stomach, creating a smaller stomach or "sleeve," which restricts the amount of food that can be eaten at one time. Following a consultation, the procedure requires an educational course led by a registered nurse and a new pre-operative diet as preparation. Our skilled surgeons have performed more than 100 successful procedures this past year.

Improvements in Care

We've been engaged in a year-long process to become certified by the State of Utah as an official Trauma Center. A trauma patient is one who arrives at the hospital with life-threatening trauma in multiple areas of the body. The most common cause of such trauma is motor vehicle crashes. Trauma centers are trained to provide specialized medical services and resources to patients suffering from these injuries. The Utah State Department of Health indicates that patients who are treated at a trauma center have a 25 percent better chance of survival than those who are treated at a noncertified hospital.

We've also been working on procedures targeted at improving health care response times in the areas of stroke, heart attack and urgent/emergent C-sections. Additionally, we've increased the level of our Total Joint Replacement care to insure we are below the national standard for infections.

Prepared for the Worst

Gunnison Valley Hospital prioritizes emergency preparedness. Over the past five years, key staff have attended Federal Emergency Management Agency classes for Leadership Training in Incident Command and Infectious Disease. We maintain an emergency management committee that meets every quarter,



in addition to our regular quarterly meetings with the County Local Emergency Planning Committee and the Six County Health Care Coalition. Additionally, we have prepared and trained senior management and other key staff on decontamination, bloodless emergencies, earthquake scenarios and active shooters.

Recognition

Gunnison Valley Hospital accepted an award from Becker's Hospital Review for its 5-star overall hospital quality rating from the Centers for Medicare & Medicaid Services. We are proud of being recognized for our exceptionally low rates of readmission and mortality, and our exceptionally high standards of safety, patient experience, effectiveness of care, timeliness of care, and efficient use of medical imaging. Additionally, we earned recognition as one of the iVantage Health Analytics Top 100 Critical Access Hospitals, best health center of Sanpete County in the 2018 Daily Herald Readers' Choice Awards, and one of America's 100 Best Hospitals for Patient Experience in the 2019 Women's Choice Awards.



Fighting a Crisis

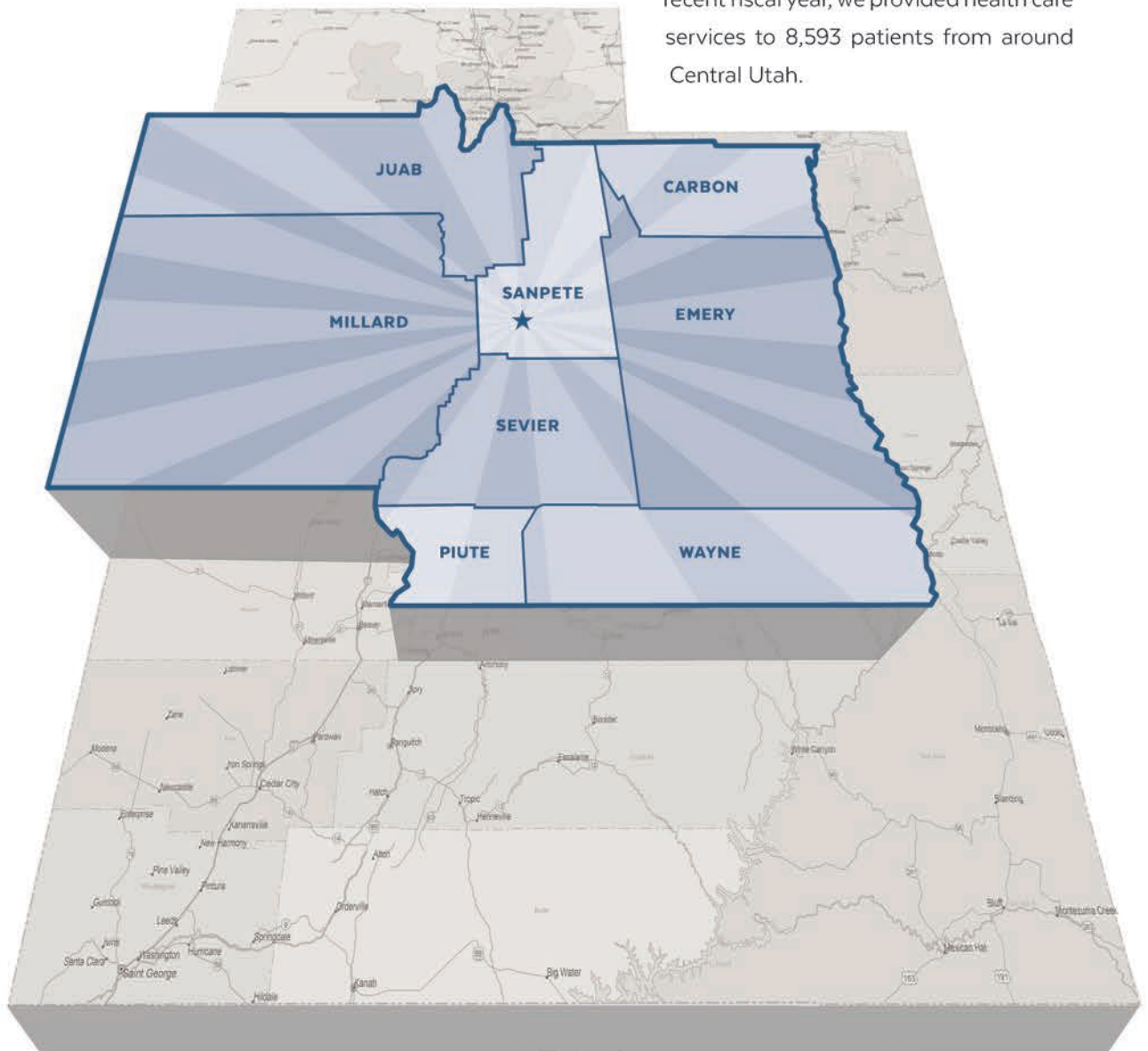
For over a year now, Gunnison Valley Hospital has tracked opioids given out in emergency room and outpatient settings. In an attempt to reduce overall opioid use, we discourage the use of opioids for people who present with headache, back and dental pain. We inform all of our surgical patients about safe opioid use and disposal of unused medications. Additionally, we regularly encourage students and young adults to watch *Chasing the Dragon*, a short documentary about the dangers of opioid addiction.

SERVICE AREA

Large Geographical Area

With our central location in Gunnison, Utah, we are able to provide health care services to a large area of Central Utah. Patients have traveled to the hospital from as far as Hanksville to the southeast, Ferron to the east, Scipio to the west, and Fairview to the north. Also, in an effort to provide quality health care closer to home, we work with health care providers in seven clinics located in Gunnison, Manti, Monroe and Salina. Additionally, our home health and hospice teams serve all of Sanpete, Sevier and Wayne Counties.

During the most recent fiscal year, we provided health care services to 8,593 patients from around Central Utah.

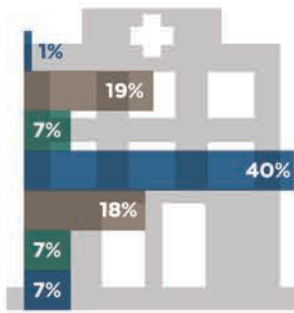


Area Statistics

Nearly 8,600 patients used our hospital services during the 2019 fiscal year. We are so proud to serve all of Central Utah. Patients primarily visited from Sanpete, Sevier and Wayne counties.

20,919

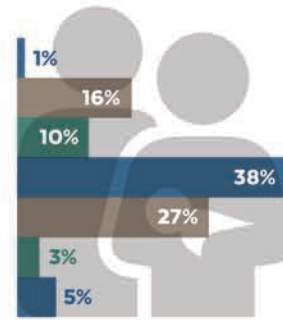
HOSPITAL REGISTRATIONS



164	WAYNE AREA
3,989	SALINA AREA
1,547	RICHFIELD AREA
8,364	GUNNISON AREA
3,916	MANTI/EPHRAIM AREA
1,544	MONROE AREA
1,395	ALL OTHERS

130

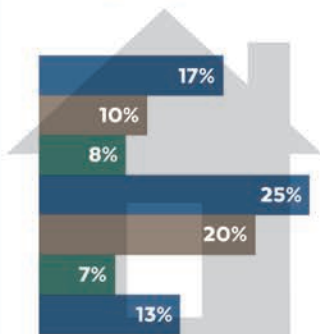
DELIVERIES



2	WAYNE AREA
21	SALINA AREA
13	RICHFIELD AREA
49	GUNNISON AREA
35	MANTI/EPHRAIM AREA
4	MONROE AREA
6	ALL OTHERS

465

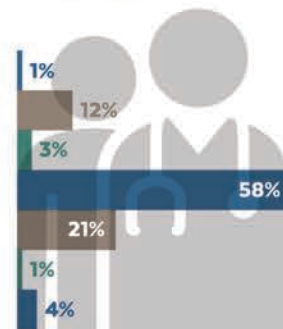
HOMECARE PATIENTS



78	WAYNE AREA
47	SALINA AREA
38	RICHFIELD AREA
118	GUNNISON AREA
94	MANTI/EPHRAIM AREA
30	MONROE AREA
60	ALL OTHERS

193

GVH EMPLOYEES



2	WAYNE AREA
23	SALINA AREA
6	RICHFIELD AREA
112	GUNNISON AREA
41	MANTI/EPHRAIM AREA
2	MONROE AREA
7	ALL OTHERS

INVESTMENT

New Addition

Our largest investment this past fiscal year was the completion of our operating room project, which included a major remodel and the implementation of a new fetal monitoring system in our labor and delivery unit.



Partnerships

We continue to strengthen our partnership with the multi-specialty physician group Revere Health in providing primary care in Gunnison, Monroe and soon in Manti. Revere Health opened its doors more than 50 years ago and now offers healthcare at 100 locations in Utah, providing comprehensive and high-quality healthcare in 29 medical specialties and family medicine.

Sleep Studies

We have developed a new partnership with Sleep Medicine Associates, based in Reno, Nevada, to reopen our program for fully accredited polysomnography. Since February, we have performed over 30 studies to determine if patients have sleep apnea, periodic limb movement disorder, narcolepsy, REM sleep behavior disorder, unusual behaviors during sleep and unexplained chronic insomnia. Our goal in participating in the sleep studies is to better understand the sleep conditions in our community and provide patients with recommended treatments.



Telemedicine

Telemedicine gives Gunnison Valley Hospital the ability to video conference with medical experts from all over the country for assistance in evaluating, diagnosing and treating patients. Telestroke is one of the most used telemedicine services at the hospital and it has quite literally saved lives. When a patient is having a stroke, quick treatment is very important. Telestroke enables Gunnison Valley Hospital to connect with an on-call neurologist at the University of Utah to review the CT scan and quickly help determine the best course of treatment. We also use our telemedicine partnership with the University of Utah to provide burn care and behavioral health services.



Looking Forward

In the 2019-20 fiscal year, Gunnison Valley Hospital will recruit and hire a new family practice provider who specializes in obstetrics. We will also launch a brand new Gunnison Valley Hospital website designed to provide increased resources and information to best serve patients. The new website will be focused on educating and informing patients in an effort to promote health and wellness within our community. We are also working to fully staff a new clinic in Manti to expand our service area.

FINANCIAL

Gunnison Valley Hospital Financial Summary

(In thousands of \$)	2019	2018
FUNDS AVAILABLE		
Charges for patient services & other activities:		
Inpatient services (nursing care, diagnostics tests, drugs and supplies)	\$ 11,167	\$ 9,896
Outpatient service (hospital, clinic, homecare, testing services and supplies)	19,055	18,703
Nursing facility services (nursing home, skilled nursing, assisted living)	73,560	12,519
Other activities (cafeteria services, rents, interest and other sources)	1,319	1,215
Total charges for patient services & other activities	105,101	42,333
Negotiated discounts, administrative write-offs & uncompensated care:		
Insurance partners, government agencies and other negotiated discounts	(22,416)	(5,152)
GVH gave CHARITY ASSISTANCE to patients who were not able to pay	(325)	(373)
Some patients were unwilling to pay for services caused BAD DEBTS	(2,242)	(1,502)
Total negotiated discounts, administrative write-offs & uncompensated care	(24,983)	(7,027)
Total funds available	\$ 80,118	\$ 35,306
FUNDS APPLIED		
Salaries & benefits to our employees	10,512	9,463
Medical, pharmaceutical and other supplies and services	49,180	17,286
Maintenance of building & equipment, rents, utilities & insurance premiums	9,437	2,973
Depreciation of the buildings and equipment used in providing services	1,510	1,270
Other expenditures for advertising, taxes, mileage reimbursement, etc.	4,819	1,873
Interest on borrowed funds	284	58
Increase in net assets available for future needs, to maintain, replace, and improve equipment, facilities and technology	4,376	2,383
Total funds applied	\$ 80,118	\$ 35,306

Perseverance

Between 2010 and 2018, 85 rural hospitals closed in the United States—usually because of dwindling patient volumes or challenges in the reimbursement landscape—but Gunnison Valley Hospital remains financially healthy and is looking to grow.

Excerpt from Independent Auditors' Report

To the Board of Directors

Gunnison Valley Hospital Special Service District

Report on the Financial Statements

We have audited the accompanying statements of net position of Gunnison Valley Hospital Special Service District (the District), as of June 30, 2019 and 2018, and the related statements of revenues, expenses, and changes in net position and cash flows for the years then ended, and the related notes to the financial statements, which collectively comprise the District's basic financial statements.

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of the Gunnison Valley Hospital Special Service District as of June 30, 2019 and 2018, and the changes in financial position and its cash flows for the years then ended in accordance with accounting principles generally accepted in the United States of America.

Eide Bailly LLP

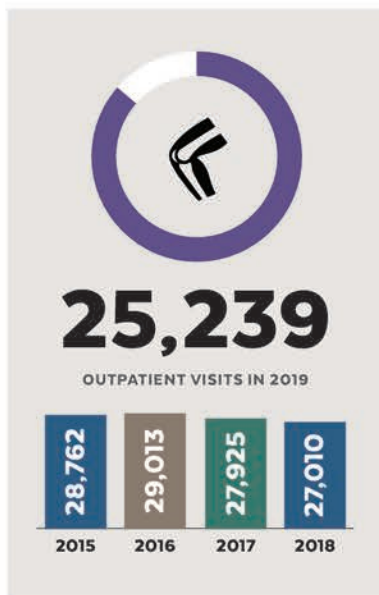
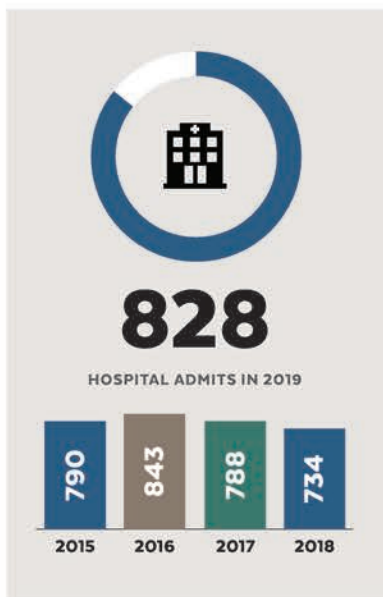
Lehi, UT

November 14, 2019



Financial Stewardship

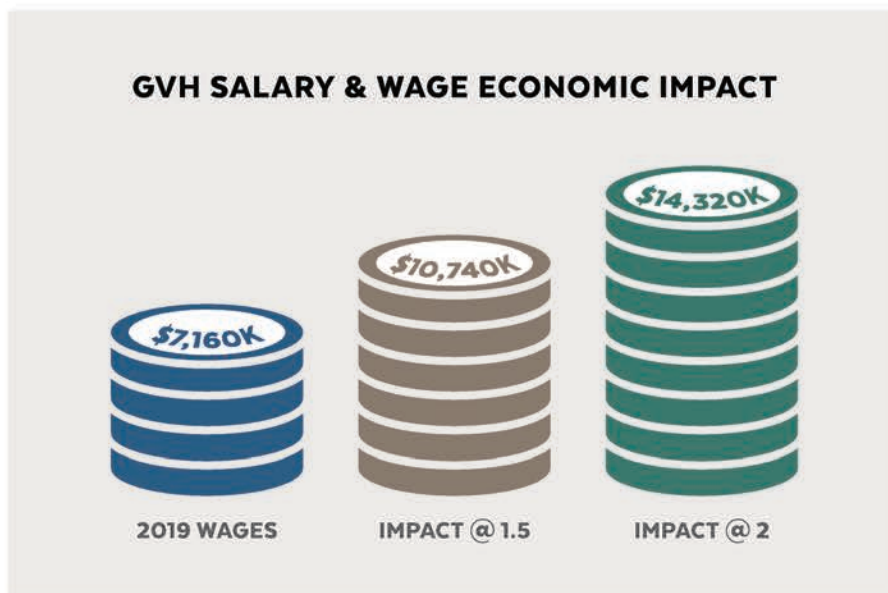
As a community hospital, we are organized as a special service district and are self funded. We survive on the fees charged for services. Revenues and expenses are both carefully managed to ensure funds are available to invest in new technology and maintain existing facilities and equipment. Our goal is to operate as strategically and efficiently as possible in order to have the resources necessary to serve all patients. The organizational structure of the entity allows the funds earned to be put back into the entity without any owner, investor or individual profiting from the activities.



COMMUNITY

A Positive Impact

A positive impact that often gets overlooked for a healthcare provider is the importance of their contribution to the local economy as an employer. Gunnison Valley Hospital employed 191 full- and part-time people this past year. The economic impact of the wages paid by an employer to their employees is estimated to be between 1.5 and 2 times the dollars paid. In fiscal year 2019, Gunnison Valley Hospital paid \$7.16 million in salaries and wages.



Hospital Gives Back

Gunnison Valley Hospital has a long tradition of serving every person who requires healthcare services, regardless of ability to pay. Through our charity care program, we have been able to bridge the gap between ability to pay and cost of healthcare services for 84 patients this year. The cost of this program was \$213,000 in fiscal year 2019.

A Patient's Story

Chontae Thompson knew she needed to lose weight. After being prescribed two blood pressure medications and witnessing several severe family health issues, she knew something had to change. Diets weren't working. So, a month after learning about gastric sleeve surgery and discussing it with loved ones, she decided to undergo the procedure. The procedure was a success and she recovered quickly. Almost immediately, Chontae noticed a reduction in the pain in her feet caused by swelling and her husband noticed the lack of snoring at night. To date Chontae has lost 95 pounds. She is able to exercise regularly and no longer needs her blood pressure medication. Another positive side effect is her increased happiness. She said "I honestly never thought I was depressed, but I can see how happy I am now and I can say without a doubt I was depressed. Thanks to the gastric sleeve, I feel like I have my life back."



Chontae, on the right, 13 months before surgery



Chontae, second from right, 11 months after surgery

“I honestly never thought I was depressed, but I can see how happy I am now... I feel like I have my life back.”

—CHONTAE THOMPSON

Rewarding Service

Gunnison Valley Hospital is a great place to volunteer. We currently have 15 volunteers who perform a variety of services around the hospital. They can be seen running the gift shop, managing the information desk and generally helping patients. Our volunteers manage the leisure cart and take it around to patients. The cart contains items like books, crossword puzzles and lotions to make patients more comfortable during their stay. We also have volunteers who perform sensory hand and foot massages on patients. Our amazing volunteers also spend time with our hospice patients playing cards, bingo or just chatting. Each of our volunteers brings his or her special talents to the hospital, and for that we are grateful.



We at Gunnison Valley Hospital are committed to maintaining our established high level of community-based healthcare, and growing with the needs of our patients. Thank you for your continued support. We know that together we can keep our community healthy and thriving.



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