



unnison Valley Hospital is a Critical Access
Hospital (CAH) located in Gunnison, Utah.
Our long history of offering quality care to
residents of Central Utah dates back to 1932, when
hospital founder, Dr. Stanford Rees, started his medical practice in the old Gunnison Valley Bank building.
His tireless dedication to his patients is legendary and
continues to be the inspiration for our thriving medical
community that now provides state-of-the-art facilities and increasingly excellent care to area residents.

Providing quality care is the very core of our mission and the reason we continue to invest in top-of-the-line equipment and services. With three state-of-the-art surgery rooms, a full-service laboratory, and three private labor-and-delivery suites, the hospital is able to provide most major healthcare services right here in Gunnison. We also bring in a variety of visiting specialists and offer telemedicine services to enhance the range of services available. And we administer seven off-site clinics to bring healthcare services even closer to home.

# LETTER FROM THE BOARD **OF TRUSTEES** AND CEO

"We want to thank you for supporting us ... and let you know our future is very bright."

It is our pleasure to present the annual community report for Gunnison Valley Hospital for the fiscal year July 1, 2017, to June 30, 2018.

Since 1932, our mission has been and will remain the same—to provide high-quality, community-based healthcare. It has been our pleasure to serve Central Utah residents for more than 86 years.

Gunnison Valley Hospital's dedication to its mission has driven continued growth, and we're proud of our progress. We've recruited and retained an outstanding group of providers and hospital staff, and increased access to specialized services through our use of telemedicine and visiting specialists. Additionally, our membership in a network of nine independent hospitals in the state has allowed us to continue to provide benefits such as expanded training and collaboration opportunities. Most notably, this year, we completed a new addition to the hospital which includes two new state-of-the-art operating rooms aimed at increasing our capacity for orthopedic and other surgeries.

We've been recognized nationally for the excellent work we are doing. Gunnison Valley Hospital has consistently maintained a five-star rating from Medicare for overall patient care. Also, the hospital earned, for the third year in a row, the 2018 Women's Choice Award for "one of America's Best Hospitals for Obstetrics."

We'd like to thank the many physicians, nurses, therapists, technologists, administrative and support professionals, and others who work tirelessly to provide the best in personalized care to this community.

We are committed to keeping Gunnison Valley Hospital strong and to continue offering quality healthcare in the community for many years to come. We want to thank you for supporting us, your community hospital, and let you know our future is very bright.

Sincerely,

Lamar Bartholomew Mark F. Dalley

**Board Chairman** 

Chief Executive Officer



LAMAR BARTHOLOMEW BOARD CHAIRMAN



EXECUTIVE OFFICER

Jane Garthum Mark S. Dalley

At Gunnison Valley Hospital, we know that our most important assets are our employees and the community members who volunteer to support us in achieving our mission.

### **Governing Board of Directors**

Our Governing Board of Directors is a talented, dedicated group of individuals who volunteer their time, energy and experience to guide our efforts toward delivering high-quality health-care services to Central Utah.



Lamar B. Bartholomew Board Chairman



GJ Wilden, MD Medical Staff Chair



Jeannette Anderson



Steve Anderson



Casey Dyreng



Kim Pickett



Merri Lynn Sorenson

### **Administrative Staff**

Our administrative staff oversees the key responsibilities that keep Gunnison Valley Hospital functioning efficiently. Without them, we could not offer our community the level of healthcare they've come to expect.



Mark F. Dalley, Chief Administrative Officer



Brian Murray, Chief Financial Officer



Brenda Bartholomew Chief Nursing Officer



Liz Brown, Director of Human Development



Arien Nay Administrative Assistant



### **Medical Staff**

Gunnison Valley Hospital physicians and nurses are second to none. For more than 85 years, we've been able to provide our community with outstanding, personalized care thanks to the many physicians, nurses, therapists, lab technicians and others who work together with their patients' needs first in mind. When it comes down to it, Gunnison Valley Hospital is about people caring for people.



Richard Anderson, MD General Surgeon



Wade Anderson, PA-C Family Medicine



Bevan Bastian, MD Radiologist



Brady Blackham, DO Family Medicine w/ OB



Sadie Dahlsrud, CNM Nurse Midwifery



Christopher S. Evensen, MD Orthopedic Surgery



Eric Hammer, PA-C Family Medicine



Adam Jensen, DO Family Medicine w/ OB



Cary J. Judy, DO Family Medicine w/ OB



Liz Larsen, FNP-BC Emergency Medicine



Drake Mason, FNP-C Family Medicine



Laurie Miller, FNP-BC Family Medicine



Emergency Medicine



Connie Vail, MD Radiologist



Jason Waite, DPM Podiatry



Amy Vanderherp, PA-C Family Medicine



David Watkins, FNP-BC Family Medicine



Dixie Rasmussen, CNM Nurse Midwifery



Scott J. Walker, DO Emergency Medicine

GJ Wilden, MD

Emergency Medicine



Ben Robinson, MD Orthopedic Surgery



Jeffrey M. Wallentine, MD Orthopedic Surgery

### **Visiting Specialists and Clinics**

We currently partner with a number of outstanding medical specialists to enhance the medical services we offer to meet patient needs, close-to-home. Our visiting specialists and clinics provide consultation, treatment, and surgical procedures at the hospital or at nearby clinics. Reducing the need for patients to travel long distances for specialized care.

Marvin R. Allen, MD Cardiology Scott E. Bingham, MD Cardiology Kelly B. Ence, MD Ear, Nose & Throat Michael P. Eyre, DO Dermatology

Randal B. Gibb, MD Ear, Nose & Throat David Johnson, ECS Electrodiagnosis

Podiatry Christopher Kelly, MD Plastic Surgery

Tyler Jolley, DPM

Matthew R. Parsons, MD Ophthalmology David T. Savage, DPM Podiatry

Therapy West Physical Therapy

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### **Important Community Outreach**

Gunnison Valley Hospital worked with the University of Utah to organize a suicide prevention workshop that was taught at the local high school and middle school. We also joined the Committee on Intergenerational Poverty (sponsored by the county) to discuss ways to improve literacy in our community. We focused our efforts on educating our new mothers on the importance of reading to their infants and young children, and we also provided free books for them to take home.

### **Additional Valuable Healthcare Services**

The hospital recently added a full-time pharmacist to our team. This will allow us to bring new services to our patients, such as the "Meds to Bed" program which allows patients to get their prescriptions filled before they leave the hospital. Gunnison Valley Hospital also added a new midwife service that will offer women additional choices for their healthcare. Dixie Rasmussen and Sadie Dahlsrud make up the hospital's dynamic duo of certified nurse midwives. Between them, they have more than 28 years of experience providing personalized, primary healthcare services for women. They offer a full range of services including primary care, gynecologic and family planning services, care during pregnancy, childbirth and the postpartum period, and care of healthy newborns during the first year of life..



### Recognition

Gunnison Valley Hospital accepted an award from HealthInsight for efforts related to decreasing hospital re-admissions. We know that returning to the hospital for unplanned care disrupts patients' lives, increases their risk of harmful events like infections, and costs them more money. Gunnison Valley Hospital is committed to giving high quality care to reduce instances of patients returning to the hospital and minimize the length of their stay if they must come back.



### **Women's Choice for Obstetrics**

Gunnison Valley Hospital has been named one of America's Best Hospitals for Obstetrics for the third consecutive year by the designation of a Women's Choice Award. The award signifies that Gunnison Valley Hospital is in the top 17% of 2,815 U.S. hospitals offering obstetrics.

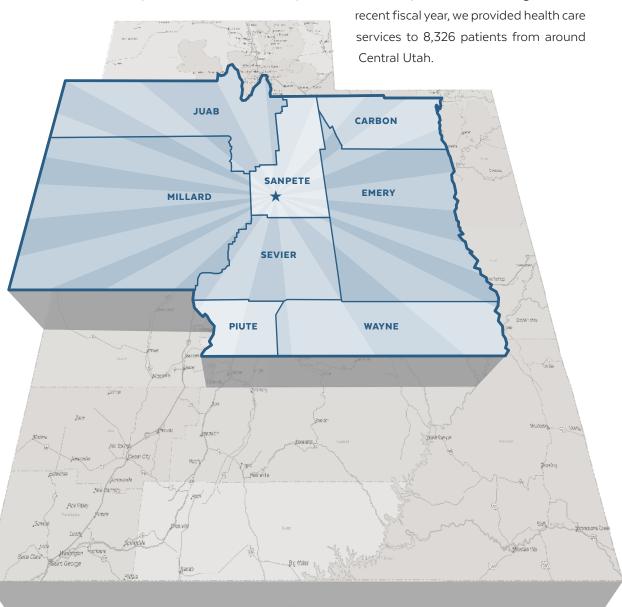
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# **SERVICE AREA**

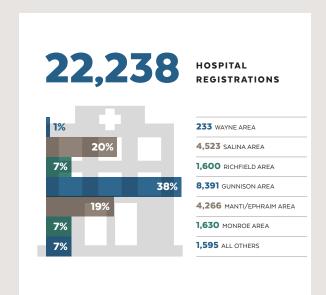
### **Large Geographical Area**

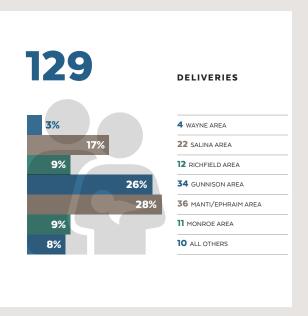
With our central location in Gunnison, Utah, we are able to provide health care services to a large area of Central Utah. Patients have traveled to the hospital from as far as Hanksville to the southeast, Ferron to the east, Scipio to the west, and Fairview to the north. Also, in an effort to provide quality health care closer to home, we work with health care providers in seven clinics located in Gunnison, Manti, Monroe and Salina. Additionally, our home health and hospice teams serve all of Sanpete, Sevier and Wayne Counties. During the most

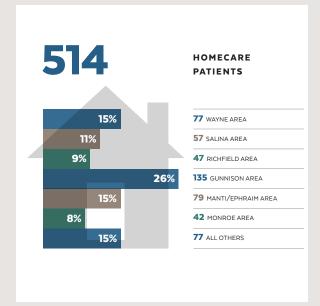


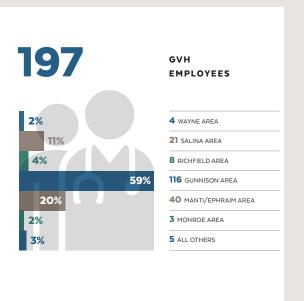
### **Area Statistics**

More than 8,300 patients used our hospital services during the 2017 fiscal year. We are so proud to serve all of Central Utah. Patients primarily visited from Sanpete, Sevier and Wayne counties.









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# INVESTMENT

### **New Addition**

By far our largest investment this past fiscal year was completion of the new addition to the hospital, aimed at increasing the hospital's capacity for orthopedic and other surgeries. The addition includes two new state-of-the-art operating rooms, space for expanded materials management and a new area for the pharmacy. Gunnison Valley Hospital added a little over 10,000 square feet. On May 18 we opened the new addition for behind-the-scene tours to over 200 community members.



### **Telemedicine**

Telemedicine gives Gunnison Valley Hospital the ability to video conference with medical experts from all over the country for assistance in evaluating, diagnosing and treating patients. Telestroke is one of the most used telemedicine services at the hospital and it has, quite literally, saved lives. When a patient is having a stroke, quick treatment is very

important. Telestroke enables Gunnison Valley Hospital to connect with an on-call neurologist at the University of Utah to review the CT scan and quickly help determine the best course of treatment. We also use our telemedicine partnership with the University of Utah to provide burn care and behavioral health services.





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# FINANCIAL

### **Gunnison Valley Hospital Financial Summary**

(In thousands of \$)	2018	2017
FUNDS AVAILABLE		
Charges for patient services & other activities:		
Inpatient services (nursing care, diagnostics tests, drugs and supplies)	\$ 9,896	\$ 8,388
Outpatient service (hospital, clinic, homecare, testing services and supplies)	18,703	18,925
Nursing facility services (nursing home, skilled nursing, assisted living)	12,519	7,497
Other activities (cafeteria services, rents, interest and other sources)	1,215	1,006
Total charges for patient services & other activities	42,333	35,816
Negotiated discounts, administrative write-offs & uncompensated care:		
Insurance partners, government agencies and other negotiated discounts	(5,152)	(6,922)
GVH gave CHARITY ASSISTANCE to patients who were not able to pay	(373)	(400)
Some patients were unwilling to pay for services caused BAD DEBTS	(1,502)	(1,131)
Total negotiated discounts, administrative write-offs & uncompensated care	(7,027)	(8,453)
Total funds available	\$ 35,306	\$ 27,363
FUNDS APPLIED		
Salaries & benefits to our employees	9,463	9,570
Medical, pharmaceutical and other supplies and services	17,286	12,132
Maintenance of building & equipment, rents, utilities & insurance premiums	2,973	2,202
Depreciation of the buildings and equipment used in providing services	1,270	1,361
Other expenditures for advertising, taxes, mileage reimbursement, etc.	1,873	1,241
Interest on borrowed funds	58	63
Increase in net assets available for future needs, to maintain, replace,		
and improve equipment, facilities and technology	2,383	794
Total funds applied	\$ 35,306	\$ 27,363

### **Excerpt from Independent Auditors' Report**

To the Board of Directors Gunnison Valley Hospital Special Service District

Report on the Financial Statements

We have audited the accompanying statement of net position of Gunnison Valley Hospital Special Service District (the District), as of June 30, 2018, and the related statements of revenues, expenses, and changes in net position and cash flows for the year then ended, and the related notes to the financial statements, which collectively comprise the District's basic financial statements.

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of the Gunnison Valley Hospital Special Service District as of June 30, 2018, and the changes in financial position and its cash flows for the year then ended in accordance with accounting principles generally accepted in the United States of America.

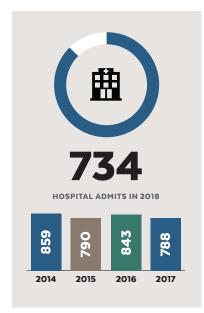
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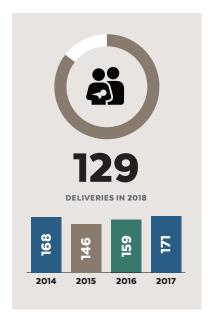
Orem, UT October 5, 2018



### **Financial Stewardship**

As a community hospital, Gunnison Valley Hospital is organized as a special service district and is self-funded. It survives on the fees charged for services. Revenues and expenses are both carefully managed to ensure funds are available to invest in new technology and maintain existing facilities and equipment. Our goal is to operate as strategically and efficiently as possible in order to have the resources necessary to serve all patients. The organizational structure of the entity allows the funds earned to be put back into the entity without any owner, investor or individual profiting from the activities.

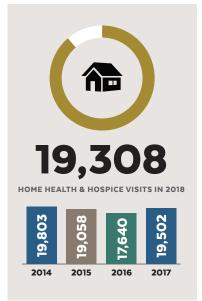








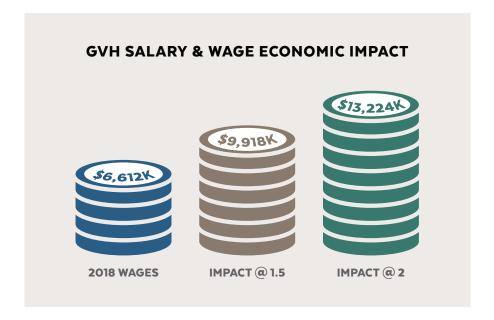




## COMMUNITY

### **A Positive Impact**

A positive impact that often gets overlooked for a healthcare provider is the importance of their contribution to the local economy as an employer. Gunnison Valley Hospital had 197 full- and part-time employees this past year. The economic impact of the wages paid by an employer to their employees is estimated to be between 1.5 and 2 times the dollars paid. In fiscal year 2018, Gunnison Valley Hospital paid \$6.6 million in salaries and wages, providing an economic impact of between \$9.9 and \$13.2 million to the communities in Central Utah.



### **Hospital Gives Back**

Gunnison Valley Hospital has a long tradition of serving every person who requires healthcare services, regardless of ability to pay. Through our charity care program, we have been able to bridge the gap between ability to pay and cost of healthcare services for 126 patients this year. The cost of this program was \$252,000 in fiscal year 2018.

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### A Patient's Story

Alan Paul Dyreng has lived in Gunnison for 62 years. Constant knee pain was affecting his quality of life to the point where he could hardly move. Alan had never been to the hospital before, but he knew that receiving first-rate health-care would give him his life back. Alan met with Dr. Robinson, an orthopedic



surgeon at Gunnison Valley Hospital, to discuss his knee pain and determine the best solution. The diagnosis was total knee replacement. Alan was nervous but felt that he was in good hands. From consultation through surgery and rehabilitation, more than 15 nurses and doctors provided care for Alan during his hospital stay. "I can't say enough about Dr. Robinson and the nurses I had at the hospital. They were fantastic from start to finish." With the help and dedication of the doctors and staff at Gunnison Valley Hospital, Alan is getting his life back. "I am still recovering, but I am doing better every day. I am far better than I was before." Alan's story is one of many examples of Gunnison Valley Hospital providing quality, trusted medical care close to home.



# "I can't say enough about Dr. Robinson and the nurses I had at the hospital. They were fantastic from start to finish."

-ALAN PAUL DYRENG

### **Rewarding Service**

Gunnison Valley Hospital is a great place to volunteer. Currently, we have 22 volunteers who perform a variety of services around the hospital. They can be seen running the gift shop, managing the information desk and generally helping patients. Our volunteers manage the leisure cart and take it around to patients. The cart contains items like books, crossword puzzles and lotions to make patients more comfortable during their stay. We have volunteers who perform sensory hand and foot massages on patients, too. Our amazing volunteers also spend time with our hospice patients – playing cards, bingo or just chatting. Each of our volunteers brings his or her special talents to the hospital, and for that we are grateful.



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e at Gunnison Valley Hospital are committed to maintaining our established high level of community-based healthcare, and growing with the needs of our patients. Thank you for your continued support. We know that, together, we can keep our community healthy and thriving.





Compassion. Commitment. Community

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